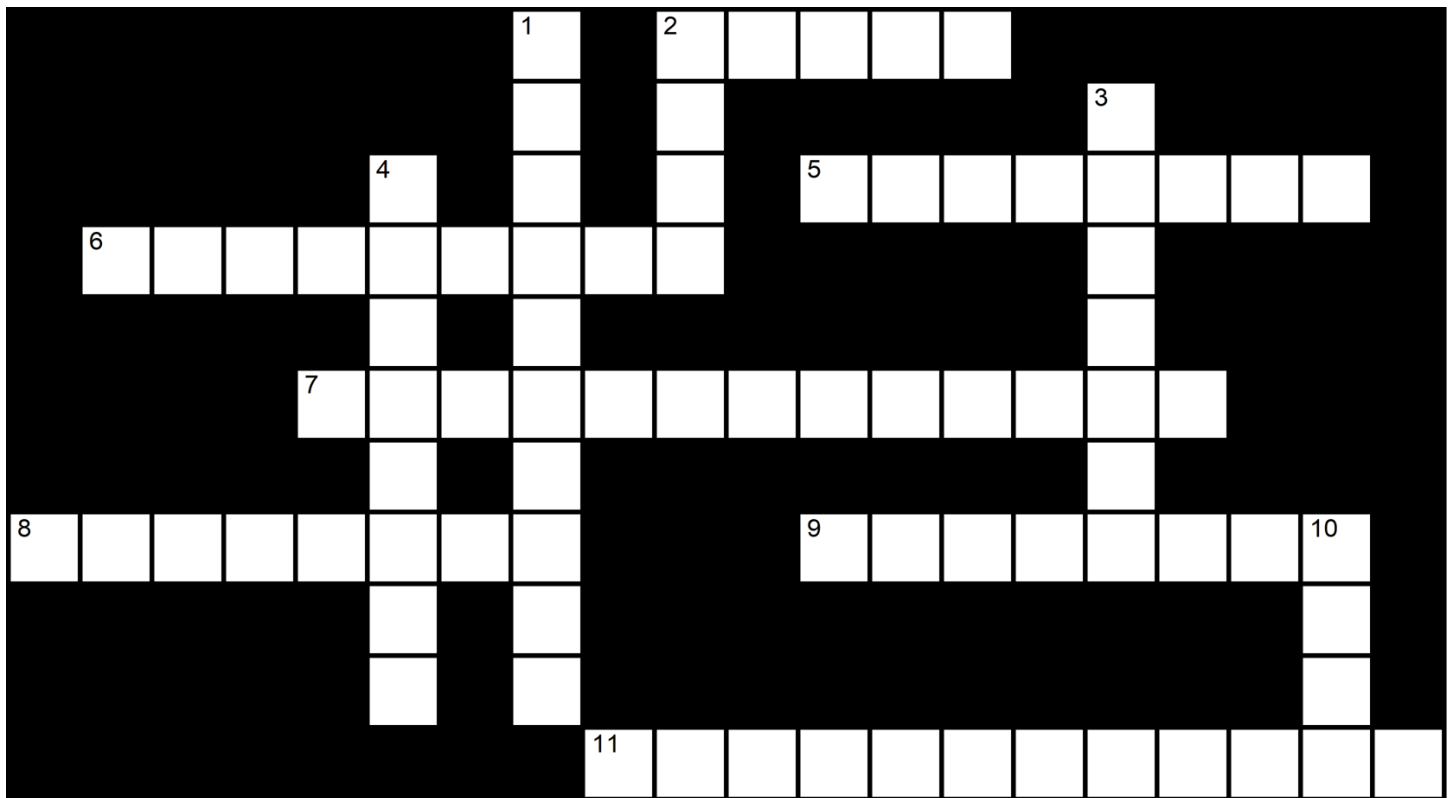


NUTRITION



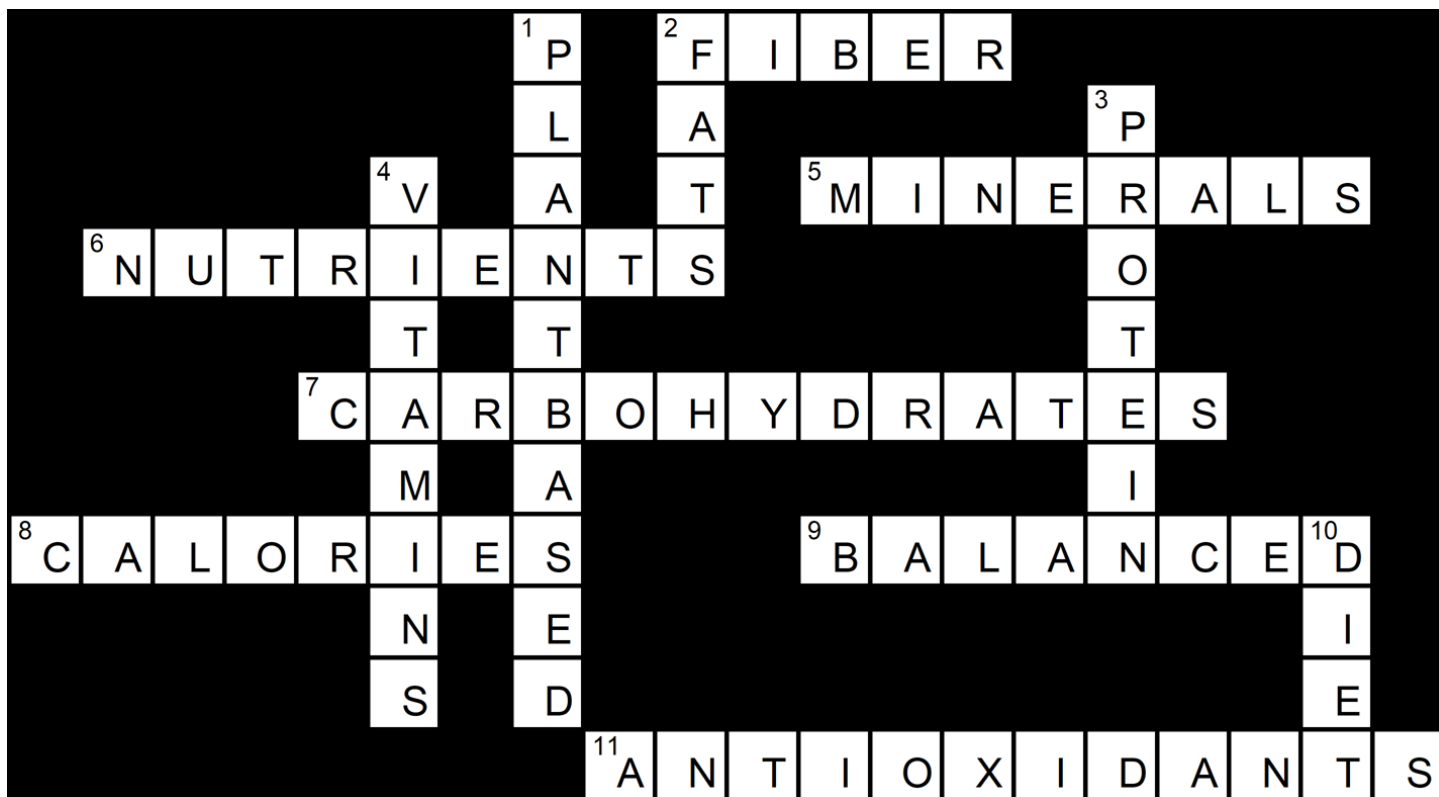
Across

- 2** Roughage that aids digestion
- 5** Earth's natural inorganic elements
- 6** Essential food components for health
- 7** Energy-providing food compounds
- 8** Units of food energy measurement
- 9** Harmoniously proportioned
- 11** Cell-protecting compounds

Down

- 1** Derived from flora, not fauna
- 2** Lipid compounds in food
- 3** Muscle-building food component
- 4** Alphabetical health boosters
- 10** Daily food consumption pattern

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